

# Quality Improvement Corner: December 2019: Keeping the Fun in QI

*In this installment of Quality Improvement Corner, PHAB Accreditation Specialist April Harris, MPH, CHES, shares information about the importance of keeping the fun in QI.*

## **Keeping QI Fun During the Holidays and Throughout the Year**

During this season of gatherings and festivities with your colleagues, it's a great time to include quality improvement! As staff come together to celebrate the holidays and a productive year of work, try finding ways to discuss improvement or highlight QI accomplishments with your team.

In this edition of the QI Corner, the Orange County Health Care Agency, accredited in 2016, shares several approaches for keeping QI at the forefront of their health department. David Souleles, Deputy Agency Director for the Public Health Division, is a PHAB Site Visitor and also serves on PHAB's Evaluation and Quality Improvement Committee, which reviews and provides feedback on health department Annual Reports, among other activities. Jane Chai, OCHCA's Public Health Projects Manager, serves as the Accreditation Coordinator and has developed key strategies for keeping staff engaged through communication, activities and training.

## **Describe how staff – at all levels – stay engaged and motivated with QI.**

There have been three major elements that have helped to engage and motivate staff to be involved with QI:

1. **Fun.** When we started our QI program, our approach was to lead with FUN. We kicked off our program in 2013 with a Quality Academy, which included 45 staff working on seven cross-divisional teams on various QI projects. Participants in the Academy attended two two-day trainings. The trainings were infused with games and activities and the emphasis was on learning while having fun – we even dressed up as American Idol judges to listen to and provide feedback on the final day of the training. We have since had many QI 101 trainings and another Quality Academy. We try to keep all trainings and activities fun and light-hearted. We also send out regular newsletters called “Quality in Action” to share our QI activities. The newsletter always features a 2-3-minute video that shares lessons learned from a completed QI project.
2. **Leadership.** Our leadership team, including our Deputy Agency Director, Deputy Health Officer, and Chief of Operations, has been incredibly supportive of QI since the beginning. Our QI Committee now includes our Chief of Operations, Health Officer, and management from each division; they attend meetings and are often present or assist with QI Trainings. Having leadership present at these activities sends a strong message that QI is an important part of our job.

We've also had trainings specific to managers to help them learn about how to support and reinforce a culture of QI. A key part of leadership training is also making sure to let supervisors

and managers know that QI is about learning about what works and doesn't work; and sometimes our change ideas don't work as well as we had planned. Staff should feel supported in trying new things and know that if it doesn't work, it's okay because they have learned something new.

3. **Linking QI to Programs.** Fun really helps with starting up a QI program, but to ensure that staff continue to be engaged, it was important for us to incorporate QI into program planning and implementation. For us, this began with including a QI objective and expectation of a QI project in our new performance management system, *Public Health Initiative for Results and Excellence* (PHIRE), which was launched in 2016.

### **What has been your health department's biggest QI success?**

Last year, we started incorporating sharing of QI successes and stories as part of Public Health Week. Staff created posters to share their stories and compete for prizes (and pride) in an Open House setting. This has kept with our QI theme of keeping things fun and has been very well received by staff.

### **Describe how QI is specifically prioritized in your health department?**

QI is linked to our performance management system, PHIRE, which includes quality improvement, program plans, and our department strategic plan. This means that key programs identify goals and objectives for their programs and then look at what key process is keeping them from meeting their objectives, which is what QI is all about. The QI Committee serves as the leadership group assisting with training and technical assistance. Program supervisors and managers lead program goal and objective development as part of PHIRE.

### **Best advice for keeping QI fun and not just "something else I have to do!"**

**Incorporate games.** Consider ways to incorporate games and activities into QI trainings to set the tone for QI projects. The [National Quality Center's Game Guide](#) is a great resource. If staff's first interaction with QI is fun, we hope that they will approach their QI projects and activities with a lighter approach as well.

**Start small.** Encourage staff to start small with projects that are most meaningful to them.

**Celebrate successes.** We often don't celebrate our successes enough in public health, so we encourage staff to wrap up their projects with a celebration. This also reinforces the idea that QI projects are not expected to last forever and it is okay to wrap things up with some fun.